

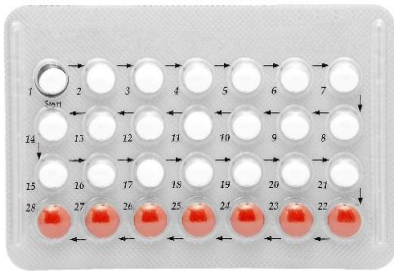
# Birth Control Grid

| METHOD   | EFFECTIVENESS | HOW TO USE IT |
|--|---------------|---------------|
| <p data-bbox="233 390 511 428"><b>Not Having Sex</b></p>  |               |               |
| <p data-bbox="339 695 404 732"><b>IUD</b></p>             |               |               |
| <p data-bbox="293 1003 449 1041"><b>IMPLANT</b></p>     |               |               |
| <p data-bbox="326 1289 420 1327"><b>SHOT</b></p>        |               |               |
| <p data-bbox="331 1627 423 1665"><b>RING</b></p>        |               |               |

**PATCH**



**PILL**



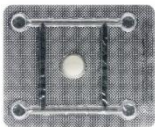
**CONDOM**



**INSERTIVE CONDOM**



**EMERGENCY CONTRACEPTIVE**

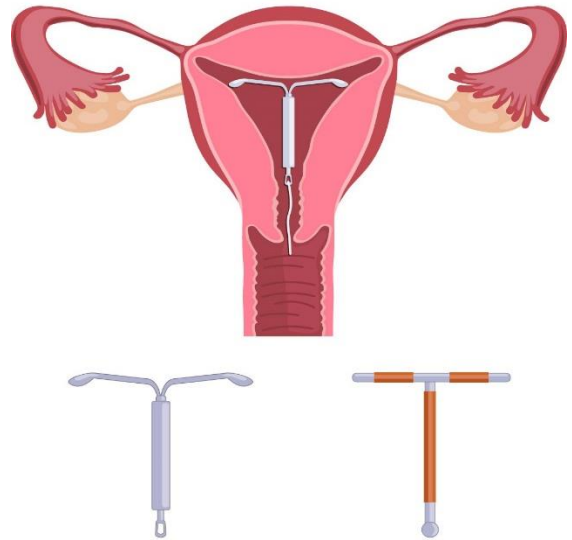


## Appendix G.7: Birth Control

### NOT HAVING SEX



### I.U.D.



### IMPLANT



### SHOT



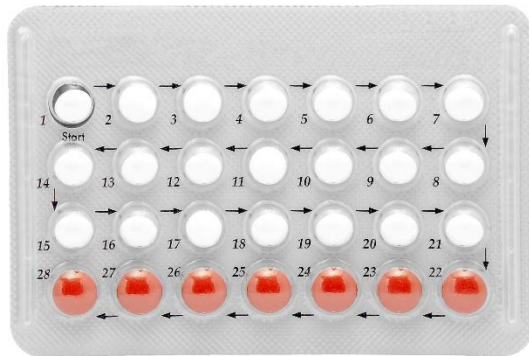
# VAGINAL RING



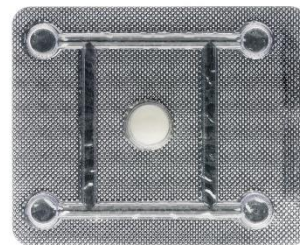
# PATCH



# BIRTH CONTROL PILLS



# EMERGENCY CONTRACEPTION



# CONDOM



# INSERTIVE CONDOM



## It Depends on the Situation (Group #1)

**Scenario 1:** Juan and Afia are in high school. They started dating six months ago. They have decided they are ready to start having sex. Both Juan and Afia have had sex in the past with other people.

**Scenario 2:** Chan and Lilyana just got married. Before they got married they got tested for STIs and HIV. Both of them were negative. They have decided they want to wait for 3 years before they start a family.

**Scenario 3:** Alex and Casey have been in a relationship for a year. Alex does not want to have sex until marriage, but Casey does not feel as strong about waiting to have sex.

**Scenario 4:** Josephine and Edgar are in high school. After high school, they both plan to go to college. Last night while they were having sex, they used a condom but they think it broke. Josephine is not on any other type of birth control.

**Scenario 5:** Ashley and Lorenzo use condoms during sex. They both want to start using a different type of birth control method instead of condoms because Lorenzo says they feel weird. Neither of them are ready for a baby or want an STI.

**Scenario 6:** Zach and Rosa are 20 years old. They love each other and have been together for over a year. Both of them feel they are ready to start having sex. Rosa told Zach at the beginning of their relationship that she has an STI.

## It Depends on the Situation (Group #2)

**Scenario 1:** Alfonso and Noel are in high school. After high school, they have decided they would like to go to college or get good jobs. They have been dating for six months and are in a healthy, committed relationship. They have decided they are ready to start having sex. Both of them have had sex with other people in the past, but have never been tested for STIs or HIV.

**Scenario 2:** Gabriella and Nathaniel recently got married. Both have been tested for STIs and HIV. They were both negative. Gabriella just got accepted into college but doesn't want to start a family until she is done. They are looking for a birth control method that will last for three years or more.

**Scenario 3:** Jamie and Taylor are high school seniors. They have been in a committed relationship for a year now. Both of them feel that this is a long lasting relationship and would like to get married one day. Jamie is committed to waiting to have sex until marriage. Taylor's beliefs on not having sex until marriage are not as strong.

**Scenario 4:** Chung and Isabelle are in high school. They met at a party a few months ago and have had sex a couple of times since they met. Last night while having sex, the condom broke. Isabelle is not on any type of birth control. They both feel they are not ready to have a baby since they are only in high school. Both of them have also had sex with other people in the last couple of months.

**Scenario 5:** Giselle and Oscar are in a healthy, committed relationship and live together. Both of them have been tested for STIs and HIV and are negative. While they try to use condoms every time they have sex, sometimes they do not. They would like to find a different birth control method they can use besides condoms.

**Scenario 6:** Ahmad and Catherine are in love. They have not discussed marriage because they feel they are too young. Recently, they decided they are ready to start having sex. Catherine told Ahmad at the beginning of their relationship that she has an STI.



# Session 7 Assessment: Birth Control

## Category 1: True/False and Open Ended

### Birth Control Questions:

1. What is birth control?  
**Answer: A method used to prevent pregnancy.**
2. What is the 100% effective method to prevent pregnancy and the best way to lower your risk of getting an STI?  
**Answer: Not having sex (abstinence)**
3. List one option for male bodies, all bodies, and female bodies that can be used to prevent pregnancy?  
**Answer: Male Bodies: Condom**  
**Female Bodies: Pill, Patch, Ring, Shot, Implant, and I.U.D.**  
**All Bodies: Not having sex**

### Condom Demonstration:

1. Why should you check the wrapper before opening the condom?  
**Answer: To make sure the condom wrapper is intact (no holes or tears) and that it is not past the expiration date.**
2. True/ False: A person should use their teeth to open a condom.  
**Answer: False**
3. True/False: Squeeze the tip (top) of the condom before rolling it down the base of the penis  
**Answer: True**
4. True/False: Condoms can be placed in a toilet after use.  
**Answer: False- condoms should be placed in the garbage.**



## Category 2: Tally

Educator or Data Recorder: Begin by reading a question and the three possible answer choices so students can hear all options. Read the question again and as you go through the possible answer choices, have students raise their hand when they hear the option they think is correct and put tally marks in the appropriate boxes.

|  |  |  |  |
|--|--|--|--|
| <p><b>Topic: Birth Control</b></p> <p><b>Question 1:</b> True/False: Birth control is a method used to prevent pregnancy.</p> <p><b>Answer: True</b></p>                                       | <p style="text-align: center;"><b>True</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p>   | <p style="text-align: center;"><b>False</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p>          | <p style="text-align: center;"><b>Not Sure</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p> |
| <p><b>Topic: Birth Control</b></p> <p><b>Question 2:</b> The 100% effective method to prevent pregnancy and or lower the risk of getting an STI is...</p> <p><b>Answer: Not having sex</b></p> | <p style="text-align: center;"><b>Condom</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p> | <p style="text-align: center;"><b>Not having sex</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p> | <p style="text-align: center;"><b>Not Sure</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p> |
| <p><b>Topic: Condom Demonstration</b></p> <p><b>Question 1:</b> True/False: Before using a condom, you should check for holes and the expiration date.</p> <p><b>Answer: True</b></p>          | <p style="text-align: center;"><b>True</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p>   | <p style="text-align: center;"><b>False</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p>          | <p style="text-align: center;"><b>Not Sure</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p> |
| <p><b>Topic: Condom Demonstration</b></p> <p><b>Question 2:</b> True/False: A person should use their teeth to open a condom.</p> <p><b>Answer: False</b></p>                                  | <p style="text-align: center;"><b>True</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p>   | <p style="text-align: center;"><b>False</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p>          | <p style="text-align: center;"><b>Not Sure</b></p> <p><u>Pre-Assessment:</u></p><br><p><u>Post-Assessment:</u></p> |

| <b>Topic: Condom Demonstration</b><br><br><b>Question 3: True/False:</b><br>Condoms can be placed in a toilet after use.<br><br><b>Answer: False</b> | <b>True</b><br><br><u>Pre-Assessment:</u><br><br><u>Post-Assessment:</u> | <b>False</b><br><br><u>Pre-Assessment:</u><br><br><u>Post-Assessment:</u> | <b>Not Sure</b><br><br><u>Pre-Assessment:</u><br><br><u>Post-Assessment:</u> |
|--|--|---|--|
|--|--|---|--|

**Category 3: Icon Selection**







- **Option 1:** Place the options on the board and label them 1-3. Have the students hold up 1, 2, or 3 fingers to represent the answer they chose.
- **Option 2:** Print out answer cards before assessment. Place the cards in front of the students and have them point to the correct answer.

**Birth Control Questions:**

1. True/False: Birth control is a method used to prevent pregnancy.  
**Answer: True**
2. The 100% method used to prevent pregnancy and or lower the risk of getting an STI is...  
**Answer: Not having sex**

**Condom Demonstration:**

1. True/ False: Before using a condom, you should check for holes and the expiration date.  
**Answer: True**
2. True/False: A person should use their teeth to open a condom.  
**Answer: False**
3. True/False: Condom can be placed in a toilet after use.  
**Answer: False**

|              |   |  |  |
|--------------|---|--|--|
| <b>Row 1</b> | <p><b>True</b></p>                     | <p><b>False</b></p>     | <p><b>Not sure</b></p>  |
| <b>Row 2</b> | <p><b>No Sex<br/>(Abstinence)</b></p>  | <p><b>Condoms</b></p>  | <p><b>Not sure</b></p>  |